

Donning PPE (FFP3 Facemask & Eye Protection)

| Donning Process: FFP3 & Eye Protection | |
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| 1 | Select a safe, clean area to don PPE <i>Ideally this would be in the saloon of the vehicle, however if this is not possible it should be an area away from the patient (at least 2 metres) and near the property entrance (i.e. a hallway, porch or garage) being mindful of public perception</i> |
| 2 | Perform hand hygiene with alcohol-based hand rub |
| 3 | Apply 1st pair of disposable gloves |
| 4 | Don the Tyvek coveralls <ol style="list-style-type: none"> 1. Step into coveralls 2. Pull up over waist 3. Insert arms into sleeves, if thumb hoops available then hoop these over your thumbs, ensure sleeves cover end of gloves so no skin is visible 4. Pull up over the shoulders 5. Fasten zip all the way to the top 6. Do not apply the hood of the coverall as there is no requirement for airborne transmission |
| 5 | FFP3 respiratory protection & Eye Protection |
| 5.1 | Don a FFP3 face mask: <ol style="list-style-type: none"> 1. Hold the respirator in one hand and separate the edges to fully open it with the other hand. Bend the nose wire (where present) at the top of the respirator to form a gentle curve. 2. Turn the respirator upside down to expose the two headbands, and then separate them using your index finger and thumb. Hold the headbands with your index finger and thumb and cup the respirator under your chin. 3. Position the upper headband on the crown of your head, above the ears, not over them. Position the lower strap at the back of your head below your ears. 4. Ensure that the respirator is flat against your cheeks. 5. Mould the nosepiece across the bridge of your nose by firmly pressing down with your fingers until you have a good facial fit. 6. A fit check should now be performed to ensure there are no leaks |
| 5.2 | Don Eye Protection: <ol style="list-style-type: none"> 1. Select appropriate eye protection-prescription glasses alone do not provide sufficient protection 2. Place eye protection over face/ eyes to fit and then pull headband/ fixing strap behind head |
| 6 | Apply second pair of disposable gloves, and pull up to cover the sleeves of the coveralls ensuring no skin is exposed |

Doffing PPE (FFP3 Facemask & Eye Protection)

| <u>Doffing Process: FFP3 & Eye Protection</u> It is strongly recommended that the process is supervised by a buddy at a distance of 2 metres to reduce the risk of the healthcare worker inadvertently contaminating themselves while doffing. | |
|---|--|
| Doffing | |
| 1 | Select a safe, clean area to remove PPE <i>If the patient is conveyed to a receiving unit then this should be undertaken in the designated doffing area within the unit.</i> <i>However, if this is not possible e.g. patient left on scene, it should be an area away from the patient (at least 2 metres) and near the property entrance (i.e. a hallway, porch or garage) being mindful of public perception and not causing unnecessary alarm/panic.</i> |
| 2 | Remove outer pair of gloves and dispose of as clinical waste <ol style="list-style-type: none"> 1. Grasp the outside of one glove with the opposite gloved hand; peel glove off 2. Hold the removed glove in gloved hand 3. Slide the fingers of your free hand under the remaining glove at the wrist; 4. Peel the outer glove off over the first glove 5. Dispose as of clinical waste |
| 3 | Remove Coveralls: Be aware the inner gloves are likely to be contaminated <ol style="list-style-type: none"> 1. Tilt head back and with one hand pull the coveralls down and away from your body 2. With other hand run your hand up the zip until you reach the top and unzip the coveralls completely without touching any skin or uniform following the guidance of your crewmate 3. Remove coveralls from top to bottom. After freeing shoulders, pull arms out of the sleeves 4. Roll the coverall, from the waist down and from the inside of the coverall, down to the top of the boots, taking care to only touch the inside of the coveralls 5. Use one boot to pull off the coverall from the other boot and vice versa then step away from the coverall and dispose of it as infectious waste. <p><i>It may be beneficial to cut small slits in the bottom of the legs of the coveralls to allow for easier removal</i></p> |
| 4 | Remove inner pair of gloves and dispose of as clinical waste <ol style="list-style-type: none"> 1. Grasp the outside of one glove with the opposite gloved hand; peel glove off 2. Hold the removed glove in gloved hand 3. Slide the fingers of your free hand under the remaining glove at the wrist; 4. Peel the outer glove off over the first glove 5. Dispose as of clinical waste |
| 5 | Perform hand hygiene with alcohol-based hand rub |
| 6 | Remove eye protection and dispose of as clinical waste or decontaminate if reusable <ol style="list-style-type: none"> 1. To remove, handle by headband or earpieces pulling away from behind and discard |
| 7 | Perform hand hygiene with alcohol-based hand rub |
| 8 | Remove FFP3 facemask—do not touch the front of the respirator which is contaminated <ol style="list-style-type: none"> 1. Reach to the back of the head to find the bottom strap and bring it up to the top strap 2. Lift straps over the top of the head 3. Let the facemask fall away from your face and dispose as clinical waste. |
| 9 | Perform hand hygiene with alcohol-based hand rub |

Safe Doffing of PPE – FFP3 facemask and eye protection

Personal protective equipment (PPE) should be removed in an order that minimises the potential for cross contamination.

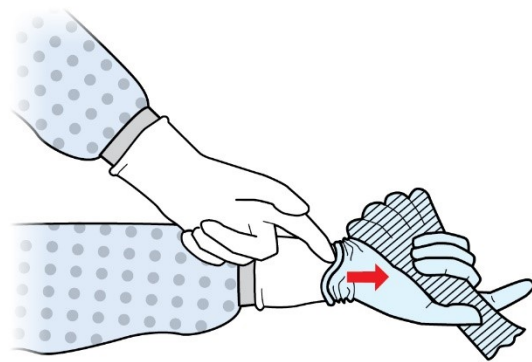
It is strongly recommended that the process is supervised by a buddy at a distance of 2 metres to reduce the risk of the healthcare worker inadvertently contaminating themselves while doffing.

Guidance on the order of removal of PPE is as follows:

1. Outer pair of Gloves – the outside of the gloves are contaminated.



1. Grasp the outside of the glove with the opposite gloved hand; peel off.
2. Hold the removed glove in gloved hand.

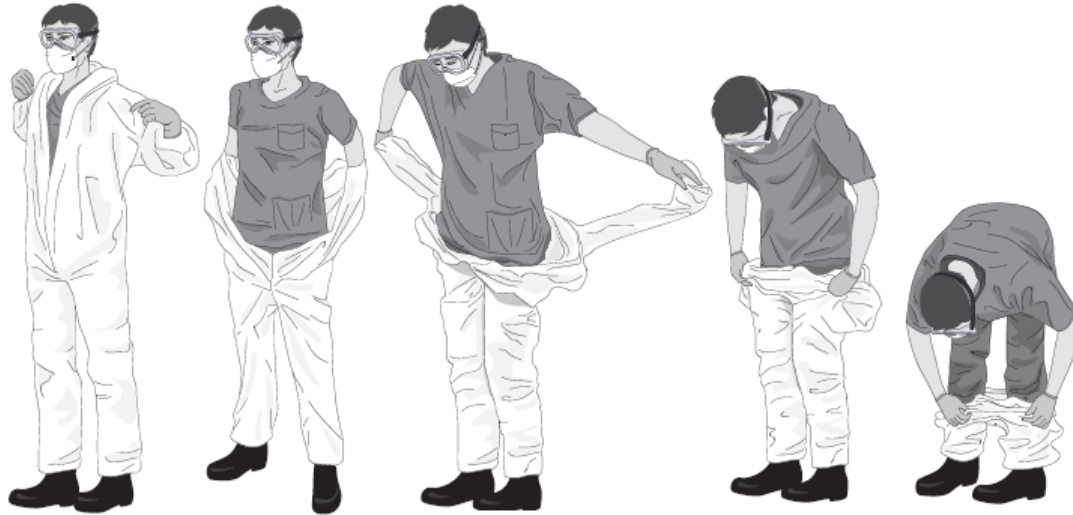


3. Slide the fingers of the un-gloved hand under the remaining glove at the wrist.
4. Peel the second glove off over the first glove and discard.

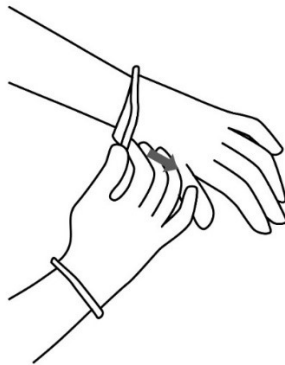
2. Remove Coveralls

- Tilt head back and with one hand pull the coveralls away from your body
- With other hand run your hand up the zip until you reach the top and unzip the coveralls completely without touching any skin or uniform following the guidance of your crewmate
- Remove coveralls from top to bottom. After freeing shoulders, pull arms out of the sleeves
- Roll the coverall, from the waist down and from the inside of the coverall, down to the top of the boots, taking care to only touch the inside of the coveralls
- Use one boot to pull off the coverall from the other boot and vice versa then step away from the coverall and dispose of it as infectious waste.

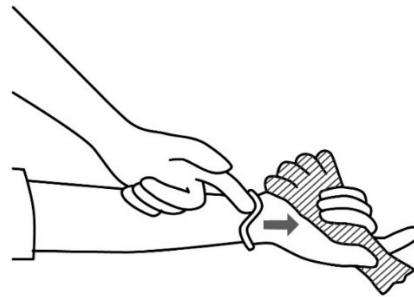
It may be beneficial to cut small slits in the bottom of the legs of the coveralls to allow for easier removal



3. Inner Gloves – the outside of the gloves are likely to be contaminated.

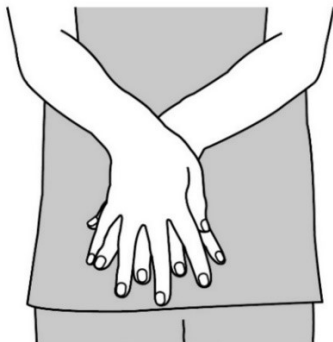


1. Grasp the outside of the glove with the opposite gloved hand; peel off.
2. Hold the removed glove in gloved hand.



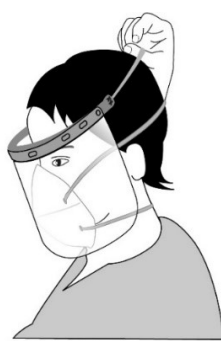
3. Slide the fingers of the un-gloved hand under the remaining glove at the wrist.
4. Peel the second glove off over the first glove and discard.

Clean your hands and wrists with alcohol gel

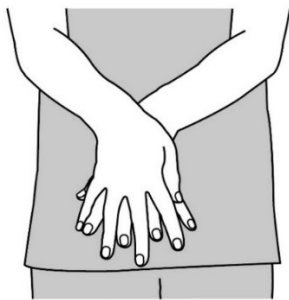


4. Eye protection – the outside will be contaminated.

- To remove, handle by headband or earpieces pulling away from behind and discard.



Clean your hands with alcohol gel

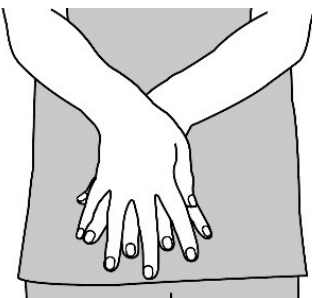


5. FFP3 facemask – do not touch the front of the respirator which is contaminated

- Reach to the back of the head to find the bottom strap and bring it up to the top strap
- Lift straps over the top of the head
- Let the facemask fall away from your face and place in bin.
- Perform hand hygiene again immediately after removing all PPE.



Clean your hands with alcohol gel



Donning PPE (FFP3 Respirator Hood)

| Donning Process: FFP3 Respirator Hood | |
|---------------------------------------|---|
| 1 | Select a safe, clean area to don PPE <i>Ideally this would be in the saloon of the vehicle, however if this is not possible it should be an area away from the patient (at least 2 metres) and near the property entrance (i.e. a hallway, porch or garage) being mindful of public perception</i> |
| 2 | Perform hand hygiene with alcohol-based hand rub |
| 3 | Apply 1st pair of disposable gloves |
| 4 | Don the Tyvek coveralls <ol style="list-style-type: none"> 1. Step into coveralls 2. Pull up over waist 3. Insert arms into sleeves, if thumb hoops available then hoop these over your thumbs, ensure sleeves cover end of gloves so no skin is visible 4. Pull up over the shoulders 5. Fasten zip all the way to the top 6. Do not apply the hood of the coverall as there is no requirement for airborne transmission |
| 5 | FFP3 respiratory protection & Eye Protection |
| | Don FFP3 Respiratory Hood <ol style="list-style-type: none"> 1. Perform safety checks as per local policy 2. Apply the belt-mounted respirator unit to the waist and buckle securely and comfortably. 3. Put on the respirator hood and attach the breathing tube 4. Switch on the powered respirator 5. Ensure the respirator hood is comfortable and secure |
| 6 | Apply second pair of disposable gloves, and pull up to cover the sleeves of the coveralls ensuring no skin is exposed |

Doffing PPE FFP3 Respirator Hood

| Doffing Process: FFP3 Respirator Hood It is strongly recommended that the process is supervised by a buddy at a distance of 2 metres to reduce the risk of the healthcare worker inadvertently contaminating themselves while doffing. | |
|--|--|
| Doffing | |
| 1 | Select a safe, clean area to remove the PPE <i>If the patient is conveyed to a receiving unit then this should be undertaken in the designated doffing area within the unit.</i> <i>However, if this is not possible e.g. patient left on scene, it should be an area away from the patient (at least 2 metres) and near the property entrance (i.e. a hallway, porch or garage) being mindful of public perception and not causing unnecessary alarm/panic.</i> |
| 2 | Remove outer pair of gloves and dispose of as clinical waste <ol style="list-style-type: none"> 1. Grasp the outside of one glove with the opposite gloved hand; peel glove off 2. Hold the removed glove in gloved hand 3. Slide the fingers of your free hand under the remaining glove at the wrist; 4. Peel the outer glove off over the first glove 5. Dispose as of clinical waste |
| 3 | Removal of FFP3 Respiratory Hood <ol style="list-style-type: none"> 1. Reach to the back of the head to find the back of the hood 2. Reach under the chin to find a tag at the bottom of the hood 3. Move the hood in a forward and downward motion and set aside for decontamination 4. Unbuckle the waist belt 5. Switch off the respirator 6. Detach the breathing tube |
| 4 | Remove Coveralls: Be aware the inner gloves are likely to be contaminated <ol style="list-style-type: none"> 1. Tilt head back and with one hand pull the coveralls down and away from your body 2. With other hand run your hand up the zip until you reach the top and unzip the coveralls completely without touching any skin or uniform following the guidance of your crewmate 3. Remove coveralls from top to bottom. After freeing shoulders, pull arms out of the sleeves 4. Roll the coverall, from the waist down and from the inside of the coverall, down to the top of the boots, taking care to only touch the inside of the coveralls 5. Use one boot to pull off the coverall from the other boot and vice versa then step away from the coverall and dispose of it as infectious waste. <p><i>It may be beneficial to cut small slits in the bottom of the legs of the coveralls to allow for easier removal</i></p> |
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| 6 | Perform hand hygiene with alcohol-based hand rub |

Safe Doffing of PPE – Respirator Hood

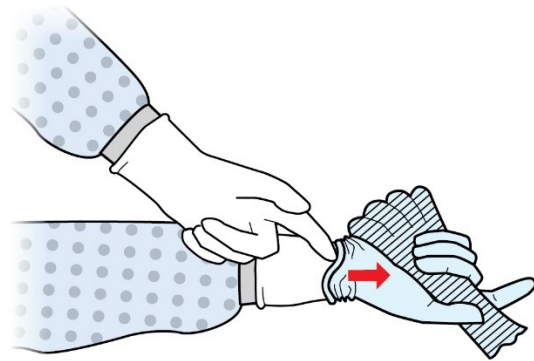
Removal of (doffing) PPE

Personal protective equipment (PPE) should be removed in an order that minimises the potential for cross contamination.

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Guidance on the order of removal of PPE is as follows:

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1. Grasp the outside of the glove with the opposite gloved hand; peel off.
2. Hold the removed glove in gloved hand.
3. Slide the fingers of the un-gloved hand under the remaining glove at the wrist.
4. Peel the second glove off over the first glove and discard.

2. Respirator Hood

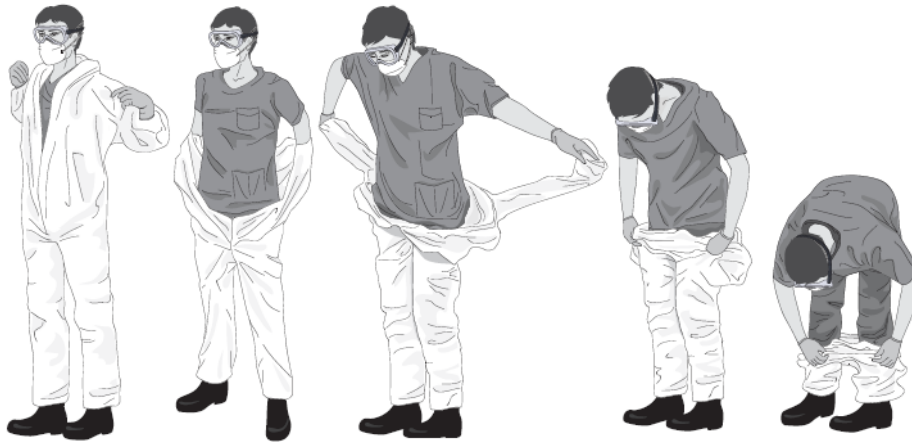
- Reach to the back of the head to find the back of the hood
- Reach under the chin to find the tag on the bottom of the hood
- Move the hood in a forward and downwards motion and set aside for decontamination.



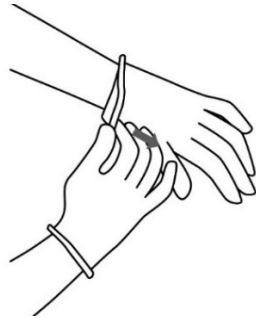
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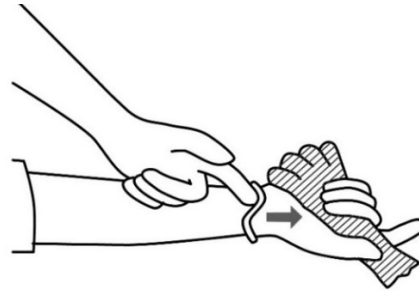
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4. Inner Gloves – the outside of the gloves are likely to be contaminated



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3. Slide the fingers of the un-gloved hand under the remaining glove at the wrist.
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Clean your hands with alcohol gel

